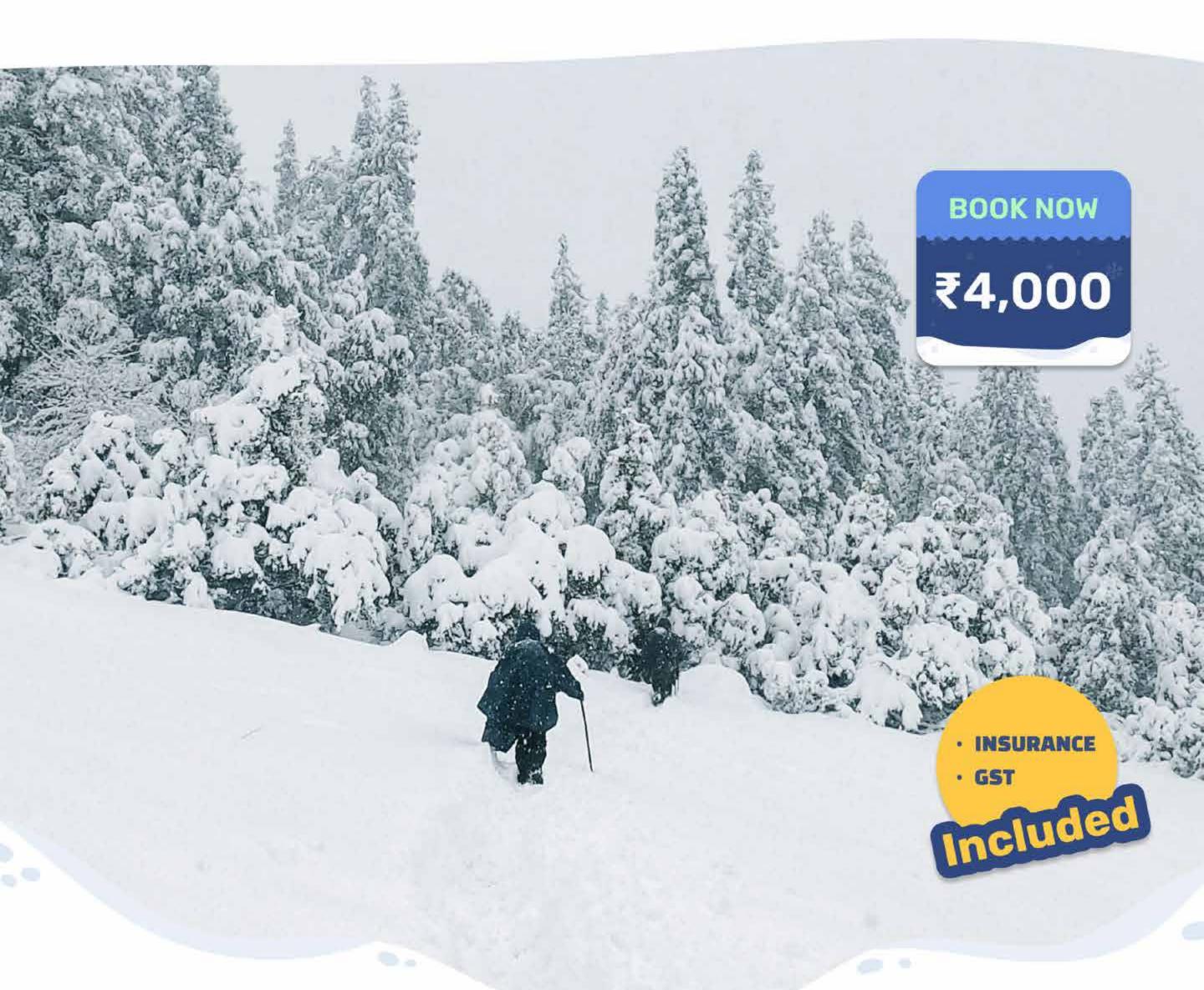


Kasol Backpacking

BY KAILASHRATH TREKS













Brief info



SEASON

December - January



DAYS

3 Days and 2 Nights



BASE CAMP

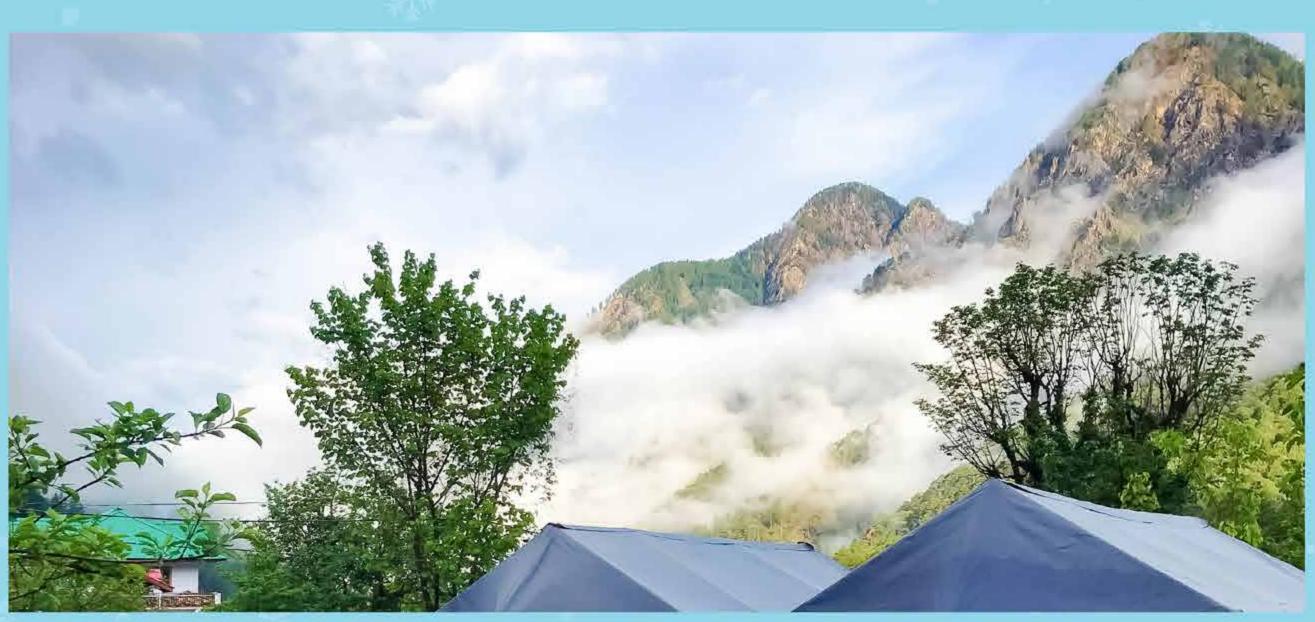
Kasol, Himachal Pradesh



DIFFICULTY LEVEL

Easy

Highlights of this Trek



KASOL - A VIBRANT HAMLET OF PARVATI VALLEY



MANIKARAN



TREK TO GRAHAN



GRAHAN - A SNOW PARADISE IN WINTER



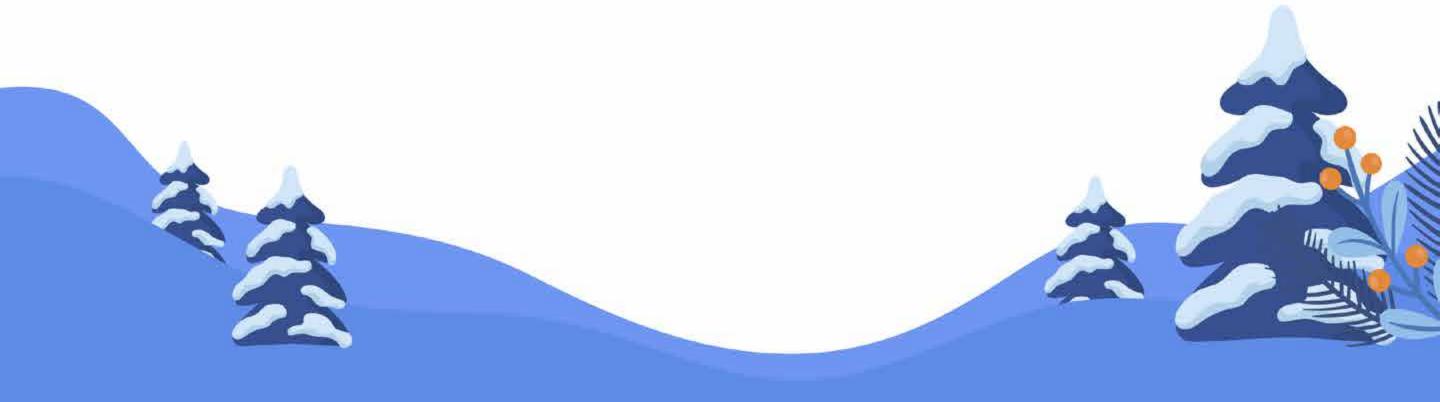


Kasol Backpacking is for All!

The Kasol Backpacking program is an accessible adventure perfect for everyone, regardless of trekking experience. This easy trek does not involve intense high-altitude climbs, making it ideal for beginners. Participants can enjoy breathtaking views of the Parvati Valley, with its lush green landscapes, charming villages, and stunning river vistas. The highlight of the trek is the snow trekking experience, offering a chance to walk through pristine snowy trails that feel like a winter wonderland. With minimal preparation needed, this program invites all nature lovers to immerse themselves in the beauty of the Himalayas and create unforgettable memories.

PREPARATION

Unlike intense high-altitude treks, this program caters to all skill levels, making it perfect for beginners and seasoned travellers alike. Basic preparation is all you need to enjoy this incredible journey.



Perks of trekking with Kailashrath



AFFILIATED BY IMF

We are affiliated with the IMF and hold a 10+ Years of Experience organising high altitude Himalayan treks.



PROFESSIONAL GUIDES AND SUPPORT TEAM

Our expert guides are trained in first aid and equipped with the latest safety gear.



HIGH GRADE EQUIPMENTS

Safety of our customers is the utmost priority so we provide High Quality Alpine Tents, Sleeping Bag, Gaiters and Microspikes. We also provide rest trekking gear on rental basis at base camp.



HASSLE FREE BOOKING PROCESS

We take the booking directly from the customers. No third party is involved before or after the booking process.



PIONEERED IN ORGANISING TREK

With consistent effort and professionalism we were able to satisfy 2000 + customers with positive reviews in Google Maps and Facebook.





Detailed Itinerary



DAY 1: REPORTING AT KASOL BASE CAMP AND VISIT TO MANIKARAN AND CHALAL VILLAGE

N/A

N/

- · Reach Kasol base camp by 8 AM. Freshen up and Registration.
- Start the day after breakfast with a trek to the holy town of Manikaran town which takes around an hour.
- Believed to be the exact meditative point of Guru Nanak Dev
 Ji, the place is considered to be holy by people of all religions.
 One can also enjoy the hot water spring of Manikaran by
 taking a bath in it which is again quite a unique experience.
- Post lunch, get yourself ready for the trek to Chalal village.
 Chalal is set in the beautiful Parvati Valley of the Himalayas offering a grand view of snow-capped mountains and majestic pine trees.
- Trek back to Kasol base camp for overnight stay.







DAY 2: TREK TO GRAHAN VILLAGE

←→ 9 Km ⑤ 5 Hr ~ 7,800 Ft II Partial Network

- · Trek will commence at 9 am from Kasol to Grahan.
- The trek starts from the center of Kasol and keeps to the true left of the Grahan nalah.
- The trail is easy and frequently used by locals. The trail goes through lovely pine forests and is gentle and easy. One can effortlessly cover much distance in a couple of hours.
- After Grahan nalah the trail becomes rocky and climbs uphill, away from the right bank of the river. Buras (Rhododendrons) grow in the forest here.
- After a steep climb of about an hour, one reaches the village of Grahan, situated at the top.
- Bonfire and Overnight stay at Grahan in homestay.







DAY 3: EXPLORE GRAHAN AND DESCEND TO KASOL

- Post breakfast, take a tour of the beautiful village of Grahan.
 Explore the unique and beautiful architecture via its temple and traditional houses.
- Participants can also opt for a hike to a beautiful waterfall.
- · Post lunch descend back to Kasol via a short hike.
- Once at Kasol members will have their snacks and will take departure for New Delhi via Volvo.





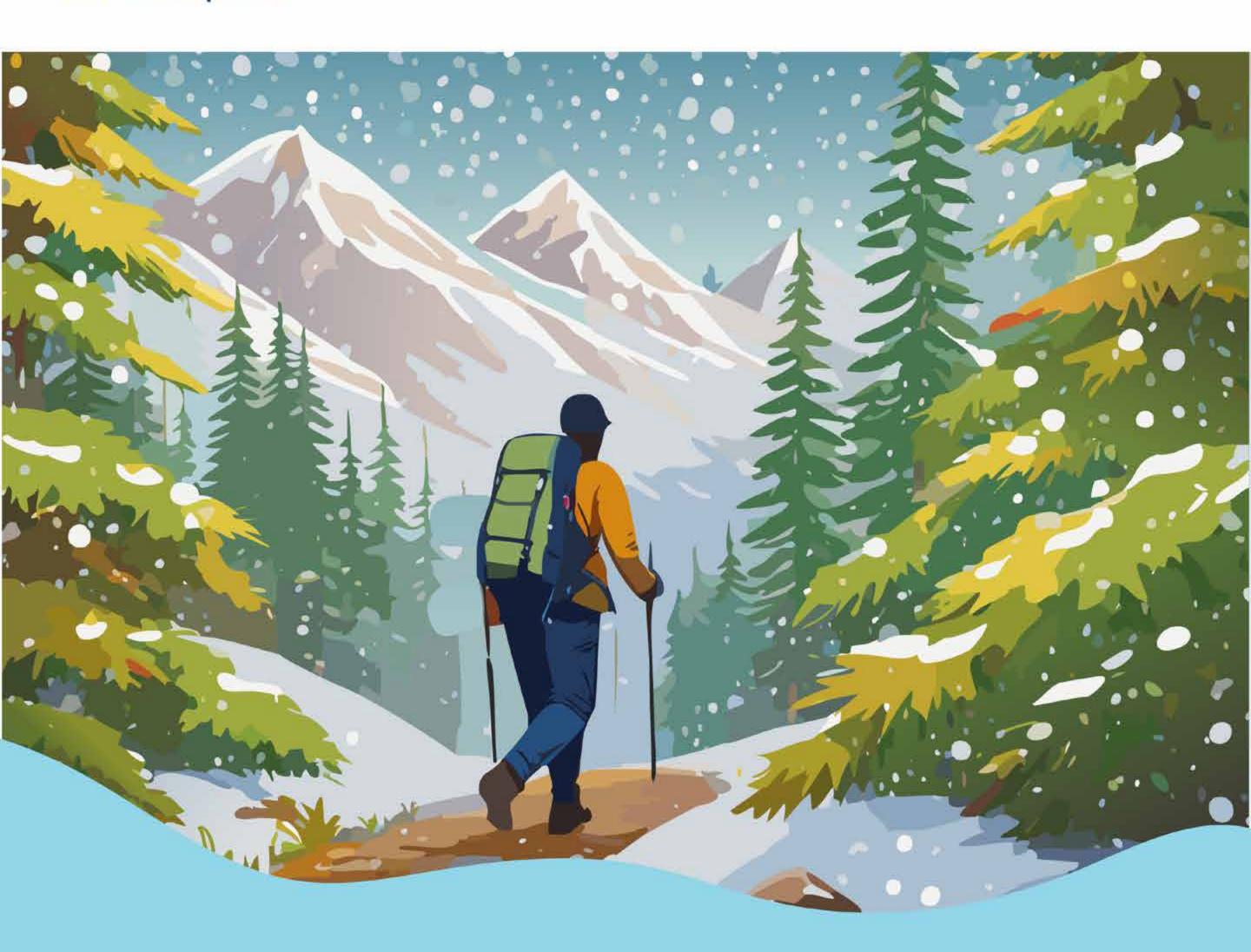
Things to carry

ESSENTIAL GEARS

Carry Trekking shoes with good grip, Warm clothes, Thermal wear, Full sleeve T- Shirts and Trousers.

OTHER ACCESSORIES

Carry some essential accessories like sunglasses, woollen cap, gloves, poncho, socks, lunchbox and water bottle along with a 20 Ltr. backpack



Documents Required

- Medical Certificate should be signed by a registered MBBS doctor and should have the seal of the doctor.
- 2. Original and photocopy of Aadhar card required. In case of Foreign Nationals Passport and Visa would be required.
- 3. NOC form with participant signature
- 4. Passport sized photograph Two in number

Download the Medical certificate and NOC form template here

Inclusions

1. ACCOMODATIONS

Stay will be in tents on triple sharing basis. One can also avail double sharing stay by paying Rs.1,000/- extra per person.

2. CLOAK ROOM

Members can keep their extra luggage at Kasol base camp which can be collected at the end after the completion.

3. MEALS

Breakfast, lunch, snacks and dinner are included. We provide simple, nutritious Veg/Jain food on all days of the trek.

4. CAMPING CHARGES

All trekking permits and forest camping charges are included.

5. GAITERS & MICROSPIKES

Gaiters help against snow entering from the side of the shoes and microspikes for extra grip.

6. TREKKING EQUIPMENT

High quality tents and sleeping bags will be available at all the camps. Tents & Sleeping bags can withstand temperatures as low as -10 °C.

7. SAFETY EQUIPMENT AND EMERGENCY

First Aid Kit, oxygen cylinders, oximeter etc. with be available with Trek Leader and at camp site as well to deal with emergencies.

8. EXPERT TREK LEADERS

All our trek leaders are at least qualified in Basic / Advanced mountaineering and First Aid course.

9. EXPERT TREK SUPPORT TEAM

The mountain staff on this trek consists of Certified guides, Cooks, Helpers.

Exclusions

- Transportation charges from New Delhi to Kasol and back.
- Cost of Emergency
- Any personal expense.

Fixed Depature

December 2024

SU	MO	TU	WE	TH	FR	SA
1	2	3	4	5	6	7
8	9	10	11	12	13	14
B 01	16	B 02	18	B 03	20	B 04
22	B 05	24	B 06	26	B 07 27	28
B 08 29	30	B 09				

January 2025

SU	MO	TU	WE	TH	FR	SA
			1	B 10 2	3	B 11 4
5	B 12 6	7	B 13 8	9	B 14 10	11
B 15 12	13	B 16 14	15	B 17 16	17	B 18 18
19	B 19 20	21	22	23	24	25
26	27	28	29	30	31	

- · Check the current status of our fixed departures
- The fixed departures will be executed irrespective of the booking count. Max batch size: 20 Person
- The chosen trek date is the reporting date at Kasol base camp.

How To Book

BOOKING & CANCELLATION POLICY

Members can book the trek directly from <u>www.kailashrath.com</u> by paying an advance of ₹ 2,000 per person. Balance amount has to be paid 15 days prior to the event date.

- Advance amount of ₹2,000 is non refundable. However in case of cancellation before 15 days of the event date, members get a credit voucher, which will have a validity of six months and will be transferable too (only for new bookings). The voucher will not be adjusted to the balance amount in case of group booking. Balance amount has to be paid two weeks prior to the event date. Failure to pay the balance payment will lead to cancellation. Booking Ticket will be sent once the balance payment is received.
- Cancellation requests will be entertained only via email (kailashrathtreks@gmail.com). No refund of the entire amount when cancelling within 15 days of the trek.

Note: If a trek is called off at the last moment due to a natural calamity/unforeseen circumstances (like rains, earthquake, landslides, strike, bandh, pandemic etc) no amount will be refunded. According to the situation, we will be providing some alternatives.

For details regarding insurance claim, check www.asego.in





Food Menu

We provide Hygienic, Freshly cooked food throughout this trek with dedicated and experienced cooking staff who will accompany with us throughout this trek.

We have carefully curated the complete menu for this trek which will provide sufficient nutrition and energy to complete this trek a ease.



INSURANCE POLICY DETAILS

We at Kailashrath Treks cover your insurance as an inclusion in the program via our insurance partner - ASEGO which has the following benefits:

- 1. Medical related benefits, which includes emergency medical expenses, emergency medical evacuation, accidental OPD expenses - Maximum coverage 2.0 lacs
- 2. Personal Accident pertaining to Death, PTD and PPD -Maximum coverage 7.5 lacs
- 3. Trip Cancellation / Trip Interruption [Maximum Coverage of 25,000 INR] - Applicable in case of Hospitalization of Insured person or Death of Immediate family Member(Ex: Mother, Father, Spouse).







Get in touch

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